



The Iowa Marital & Family Therapist

A Bulletin of the Iowa Association for Marriage and Family Therapy

President Report

by Jim Anastasi

Your IAMFT Board spent the afternoon of September 11, 2009 discussing mission, purpose, goals, challenges and needed changes for our organization. There were several themes that were prevalent during our discussions.

Your board believes that part of the mission of the IAMFT is not only to assist MFTs in their profession, but also as an outgrowth of our professional development and acceptance, to enhance the quality of life of the people we serve, the people of Iowa.

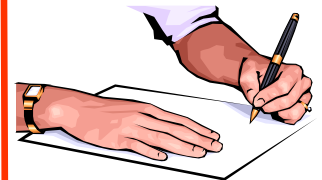
Consistent with our systemic thinking we welcome cooperation, collaboration, and education with other professionals within the physical and mental health care system. Using our systemic skills, not as clinicians but as advocates of our profession, we hope to gain understanding and acceptance in the medical field, the insurance industry, by other mental health providers, legislators, and the general public.

We thought of ways to be more engaging of our membership and how to encourage inclusion of those MFTs who are not yet part of the IAMFT. We agreed to schedule our board meetings around the state and encourage members to attend these meetings that discuss your business, your future. We will be calling members and inviting them to join other IAMFTs for "A Day on the Hill" when we meet with legislators on March 3, 2010.

We also discussed at length the relationship of MFTs, IAMFT and AAMFT. Why do we exist, do we have a common purpose and how do we assist in the promotion of our profession for the well-being of members and our clients? The IAMFT obviously could not exist without "active membership." We want more "active" members. It is our challenge to discover ways of informing those who are not yet members of the important role that IAMFT and AAMFT has played in their professional lives including licensure, temporary licenses, acceptance by 3rd party payors including Blue Cross, recognition by means of the Federal government, providing ongoing CEUs in ethics or other relevant professional issues. It is the active membership that makes the IAMFT function and have purpose.

And so it is also with the AAMFT. It is with active members around the country, the involvement of state divisions and the ongoing communication and dialogue which ensures that encourages a successful and vibrant organizations. The perceived role and mission of our larger organization and the expectations we have of it will guarantee its perceived success or failure. Is the AAMFT like a parent to dependent children or is it a consultant and colleague to peers? Is the AAMFT responsible for the successes each state

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The Iowa Marital & Family Therapist

COMMUNICATION CHAIR:

Abbie Winter
Des Moines, IA
(563) 542-3740

IAMFTCommunications@yahoo.com
abbie.winter@gmail.com

DESIGN & LAYOUT:

Lori Keppler - Lori's PC Possibilities
lorispc@alpinecom.net

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Display advertising must be submitted camera-ready (unless exclusively text. In that case it must be typed and double-spaced exactly as it is to be shown). Submissions should be sent to: IAMFTCommunications@yahoo.com. There is no charge for advertising, and all advertising is limited to a maximum of one-quarter page in size. Only one advertisement per submitter per issue is permitted. The communications chair reserves the right to reject, abridge, or modify any advertising or other submitted materials as deemed appropriate. Opinions expressed by the editorial staff of the Iowa Marital & Family Therapist in the form of articles published, advertisements, and letters to the editor do not necessarily reflect the views of AAMFT, IAMFT, officers and board of director members, or IAMFT membership.

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working for you.
<http://www.iamft.com>

President Report

by Jim Anastasi

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has achieved or is the AAMFT the central location of collected information and resources acting as a catalyst to our success.

The IAMFT is proud to have accomplished successes that some other divisions have yet to accomplish. As your board, we thought it appropriate as an organization and consistent with our professional identity to offer insight, support and encouragement in any way feasible to those divisions wanting assistance. This will be offered to other divisions through the AAMFT when the AAMFT meets with all of the division leaders in Sacramento in October.

For any organization to be healthy it is best to have the involvement of all of its members. IAMFT wants to be an active participant for the members of both our state organization and our international organization for the well-being of us all.

Note from Communication Chair

by Abbie Winter

It is my pleasure to present the October 2009 IAMFT newsletter! Enclosed you will find an update from our president, learn of employment opportunities in the state, meet two of the Couple and Family Therapy students beginning their program at Iowa State University, and much more.

In addition to the helpful information you will find in this edition, be on the lookout for a new Q&A service through the IAMFT website, "Ask IAMFT." In this secure portion of the website, we will welcome you to ask questions of other IAMFT members as well as respond to questions that have been asked previously. This information is not legal advice and is not a substitute for appropriate supervision. It is meant to be a helpful tool that allows professionals across the state to interact and share information. Stay tuned for a notice that this portion of the website is up and running!

Thanks, and enjoy this edition of the IAMFT newsletter!

Student Spotlight Karol King-Stock



My name is Karol King-Stock. I've been married for a year and live in Boone with my husband Matt and our two dogs.

I am originally from Panama. I moved to Iowa when I was 16 years old, finishing High School in Boone. I attended DMACC in Boone where I earned an Associate's Degree; shortly after I started working as a Community Support Specialist and on-call interpreter for the Boone Police Department.

After working in the human services field for nearly three years, I decided to return to school where I obtained my Bachelors Degree in Child, Adult and Family Services from Iowa State University.

During my undergraduate studies, I worked as a research assistant with Dr. Marta Maldonado interviewing immigrant workers in rural communities to learn about their community integration and experiences as migrant workers. I was also a member of the Ronald McNair Postbaccalaureate Achievement Program, where I was encouraged to pursue a higher degree, while learning to prepare research presentations and attending national conferences. The McNair program helped me prepare for graduate school, and gave me the necessary tools to apply and be accepted.

I am most excited to be part of the Couple and Family Therapy Program, and work with supportive faculty and staff.

In the future, I am interested on working with underrepresented minorities, especially those from a Hispanic background.

UPCOMING EVENTS

Ethics Committee Meeting

October 9, 2009; 10:00am-1:00pm

Walnut Center—Office of Keith Schrag; Ames, Iowa

Board of Behavioral Science Board Meeting

November 7, 2009

Des Moines, Iowa

IAMFT Board Meeting

November 11, 2009

Iowa City, Iowa

NCFR National Conference:

"Families in a Multicultural World"

November 11-14, 2009

San Francisco, California

IAMFT Board Meeting

January 13, 2009

Location to be determined

Day on the Hill

March 10, 2010

Des Moines, Iowa

NCFR National Conference

November 11-14, 2009

San Francisco, California

For any further information regarding the events above, please contact us:

IAMFTcommunications@yahoo.com

Ethics Corner

Our next meeting is in Ames at the office of Keith Schrag at 10 am on Friday October 9, 2009. Come and join us!!!! Plan to stay till 1pm.

Believe it or not, the discussion of ethics is invigorating and exhilarating! Bring an ethical dilemma to discuss or just come and join in!

Keith's office: Take US Highway 30 to Elwood Drive exit. Go North to South 4th. Go past Hy-Vee. Turn left into the parking lot of Walnut Center...a flat roofed brown building.

Questions for us! Email me at peg@lisco.com or call me at 319-754-8035.

Peg O'Rourke
Chair

Student Spotlight Haley Wedmore



My name is Haley Wedmore and I am delighted to introduce myself as a first year Master's student in Iowa State University's Couple and Family Therapy program. I attended Grand View University and obtained my Bachelor's degree in 2005 with a major in Psychology. Since completion of my undergraduate studies and up through this summer I have worked as a Service Coordinator for an organization known as Candeo. At Candeo I supervised and coordinated community living services for adults with intellectual disabilities and mental health diagnoses. I continue to work for the organization as a Mental Health Instructor while enrolled in the CFT program.

My husband and I dated for seven years before getting married in October, 2006. Shortly after getting married we bought a home in Des Moines and added a four legged member, Mugen, a German Shepherd mix to our family. This October we are expecting our first child and are very eager to embark on the lifelong journey of parenthood! My mother is excited for the arrival of her first granddaughter and my husband's parents are looking forward to their new roles as first time grandparents.

A combination of life, educational and work experience has contributed to my interest in assisting individuals and families to achieve interpersonal well-being and has led me to pursue a career in family therapy. Through ISU's CFT program, I look forward to gaining the theoretical knowledge and practical skills necessary to join the field as a marriage and family therapist in the near future.

Job Connections



HELP WANTED: Experienced licensed therapist to join our group practice in Ames, Iowa. We are looking for someone experienced in teen substance abuse willing to work full time, afternoon and evening hours. CADC or CCDP is a plus. For information about our practice, visit our website www.drbarclay.com. Email resume and references to Mindy@DrBarclay.com.

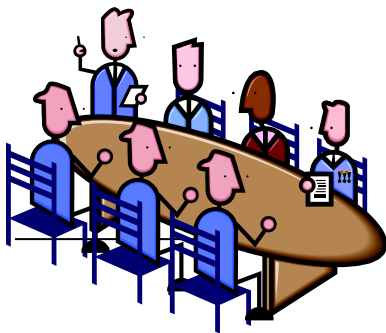
Seeking a licensed therapist for a thriving private practice in beautiful Burlington, Iowa. Lovely offices in an historic building overlooking the Mississippi. Terrific, supportive office staff. Full time or part time. Benefits for full time. Please send resume to:

The O'Rourke Group PC
610 N 4th St
Burlington, Iowa 52601
319-754-8035
Fax 319-754-9213
Contact person: Susan Sharp

MH Practice Opportunity

We are looking for independent, well trained, and ambitious applicants who are ready to accept the challenge of building and shaping a practice in which they can take personal pride and pleasure. Though full-time positions are the preference, serious consideration will be given to those who may be available on a part-time basis. Minimum requirements for the position are to hold an Iowa license to provide independent mental health services. It is highly preferred that applicants are already paneled with various third party payers which will help ensure an initial case load at the start of employment. We offer a flexible schedule, comfortable work environment, and support our provider's various areas of professional interest. For those interested, this opportunity also presents the potential for partnership and future CFCA ownership.

If you or someone you know might be interested in an opportunity such as this, or if you have any further questions, please contact Dr. Martin Edwards at 319-277-4383 or by email at cfcsearch@cfu.net.



IAMFT 2009 Board of Directors

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